

River Deep Foundation Outing Report



Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.

www.riverdeepfoundation.org

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Date: July 11, 2021

Location: Specialty Appliance - Greenwood Village, CO

Hosted by: River Deep & SCIHOP

Participating Groups: Operation TBI Freedom & Ft. Carson SRU

Wild Game Cooking Class with Chef Leslie Fangman

All the veterans in attendance at this class learned how to cook and eat like royalty. Chef Leslie's menu for the day was a mouth watering array of pheasant, fish, elk, and a seemingly endless variety of curry recipes. She demonstrated how to approach cooking wild game meats to the class, focusing on both technique and preparation. The veterans helped prepared and cook these new recipes. Everyone had a great time and enjoyed the delicious food! As always, a big thank you to Specialty Appliance for letting us use their showroom kitchen!

Bob Adwar

President, River Deep Foundation

Chairman, SCI Humanitarian Outreach Program



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