

River Deep Foundation Outing Report



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Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.



Saturday, March 6, 2021

Location: Denver Fencing Center

Hosted by: River Deep Foundation and SCIHOP

Participating Groups: Ft. Carson SRU, Operation TBI Freedom, Craig Hospital

Fencing Instruction

We have great group of men, women and children participants ready to experience fencing! We learned the fundamentals and then paired up for a dose friendly competition. There is a scoreboard which always helps to make some extra effort. Fencing is a workout so we occasionally had to stop, catch our breath and ask a few questions about our performance. It was a fun day of fencing with the bonus of getting some exercise. Huge thank you to Denver Fencing Center and to everyone who came out to participate.

Bob Adwar
President, River Deep Foundation/ Anglers of Honor
VP, SCI Humanitarian Outreach



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